



The Course will be marked. It is the responsibility of the participant to familiarize himself/herself with the course route.

- **BEGIN:** Triangle Downtown
- Go South on Main Street
- Curve Right onto Sylvanus Street
- Turn Right on Highway 35
- Turn Right on Main St
- Turn Left on Old Road
- Turn Right on Maple St
- Turn Right on Spruce St
- Turn Left on Reeves Ave
- Curve Right onto Walnut St
- Turn Left on Golden Ave
- Curve Right onto Pine St
- Cross Over Chadwick onto Park St
- **END:** Triangle Downtown



Mississippi  
Power

# 2019 ROUX RUN 5k



Saturday, Sept 21

RFID by SUSI Race Timing

# MS POWER ROUX RUN 5k

6:45 am Registration  
8:00 am 5k Run/Walk

½ mi Fun Run and Toddler Trot  
will follow 5k completion.



## FEEES

### Register by September 1

- Individual \$20
- 12 & Under Fun Run \$10
- T-Shirt Only \$15

### Register after September 1

- Individual \$25
- 12 & Under Fun Run \$15

## AWARDS

- \$ 200 Overall Runner-F
- \$ 200 Overall Runner-M
- \$ 100 Overall Walker-M
- \$ 100 Overall Walker-F
- \$ 25 Overall Fun Run

**\*\* DOOR PRIZES \*\***

## 5K RUN AWARDS

Overall Male & Female  
Top Male & Female  
in these age groups  
will receive a medal  
14 and under, 15-19, 20-24, 25-  
29, 30-34, 35-39, 40-44, 45-49, 50-  
54, 55-59, 60-64, 65-69, 70+

## 5K WALK AWARDS

Over Male & Female  
Top Male & Female  
in these age groups  
will receive a medal  
19 and under, 20-29, 30-39, 40-  
49, 50-59, 60-69, 70+

## FUN RUN

TOP OVERALL FUN RUN  
EACH FINISHER  
WILL RECEIVE A MEDAL

PLEASE COMPLETE FOR EACH PARTICIPANT  
*Detach & Return with Payment.*

Circle T-SHIRT SIZE if registered by Sept 1st  
ADULT S M L XL 2XL 3XL  
YOUTH S M L

\_\_\_\_\_ 5k RUN  
\_\_\_\_\_ 5k WALK  
\_\_\_\_\_ KIDS 1/2 mi FUN RUN (12 & Under)  
\_\_\_\_\_ GHOST RUNNER (T-SHIRT ONLY)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

AGE AS OF SEPT 21 \_\_\_\_\_

EMAIL

CELL

### GENERAL WAIVER / DISCLAIMER

I, the undersigned, in consideration of acceptance of the entry and registration as participant in the Roux Run 5K Run/Walk, waive any and all claims which I and my heirs or assigns may now or hereafter have against South of the River Roux, its members and all officials, volunteers, the Town of Walnut Grove, and Sponsors of Roux Run 5K Run/Walk which may indirectly or directly result from my participant in Roux Run 5K Run/Walk.

I further warrant and represent that I am in proper physical condition to participate in the Roux Run 5K Run/Walk and am not participating in this event against physician's advice nor am I taking medications that would impair my health or ability to participate in the Roux Run 5K Run/Walk. I further authorize the use of my name and picture as may be used for publicity of the race and the results.

Signature (or of Guardian)

Date